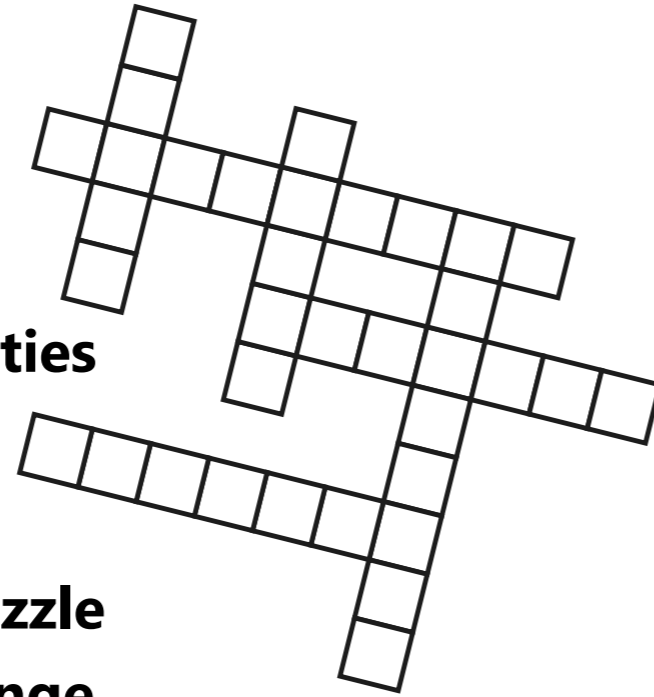




Family Activity Booklet

What's Inside

1. Colouring competition
2. Values-based family activities
3. Scavenger Hunts
4. DIY Fabric Face Mask
5. Manchester Crossword Puzzle
6. Community Poetry Challenge



Get Involved

To enter your colouring, crossword or poetry, take a photo and:

Email communications@southwayhousing.co.uk

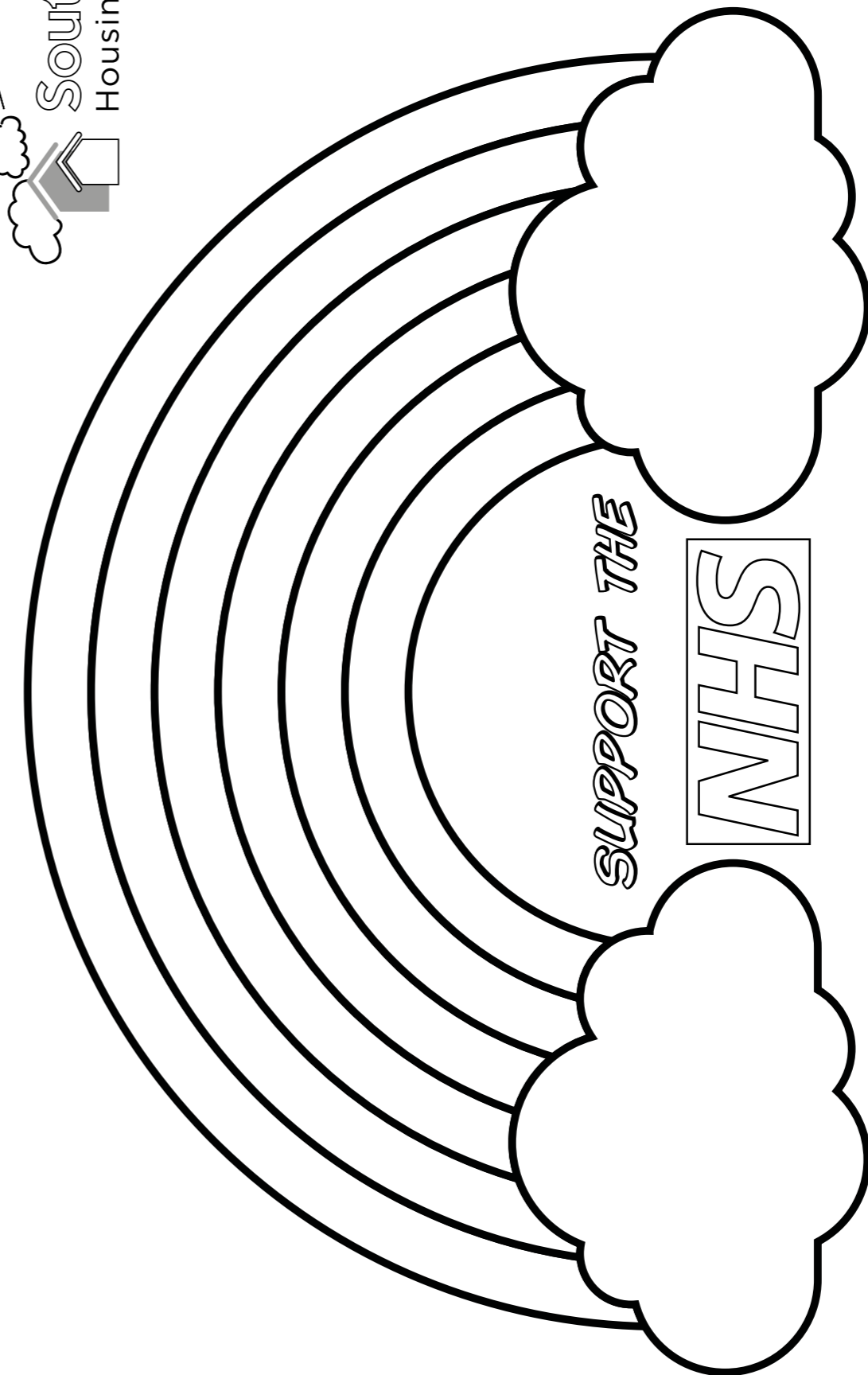
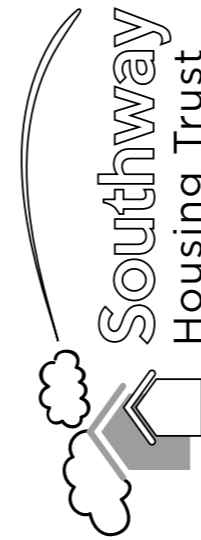
Tag or message us on

Facebook and **Twitter**

(we are **@southwayhousing**)

Include your **name** and **age**.

If you would like to enter but cannot use any of these methods, call us and let us know.

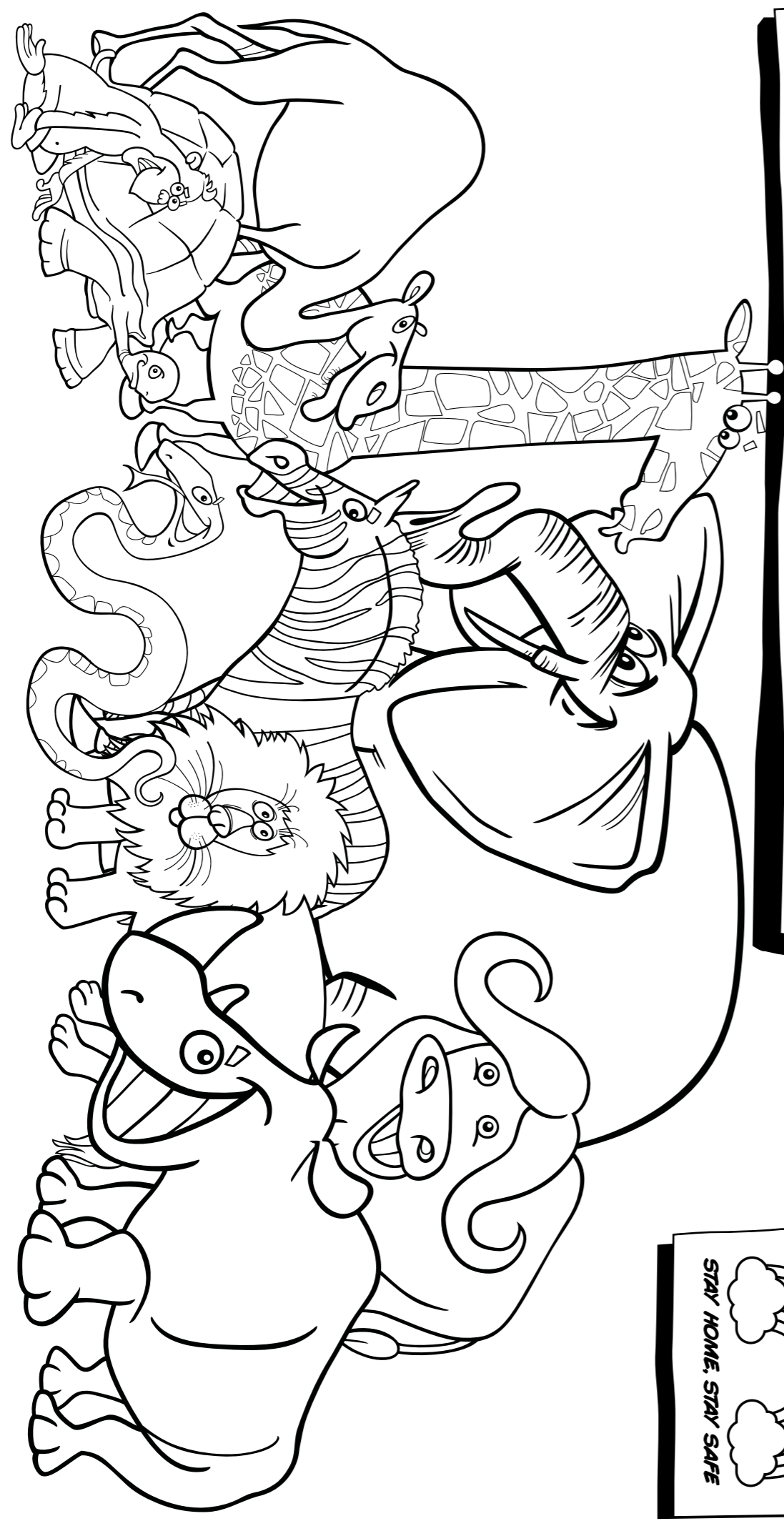


STAY HOME, STAY SAFE

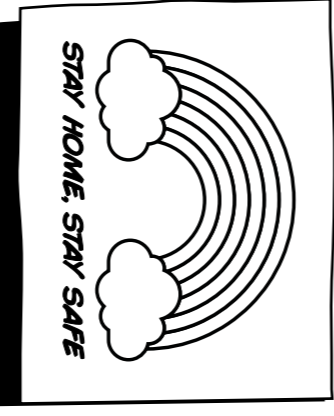
NAME (FIRST NAME ONLY): AGE:

#LOCKDOWNTOOLKIT - ESCAPISM THROUGH CREATIVITY

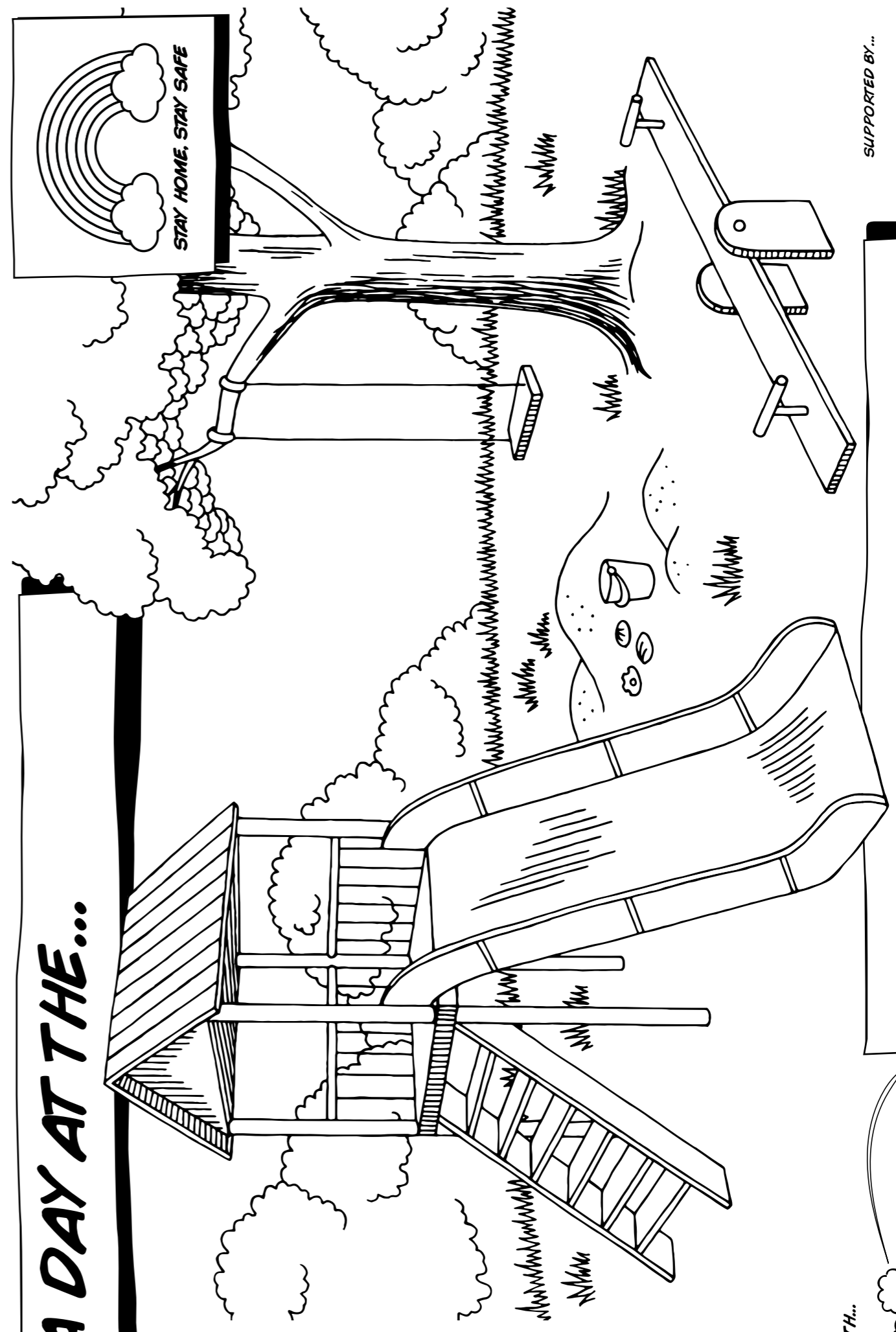
WITH...



A DAY AT THE...

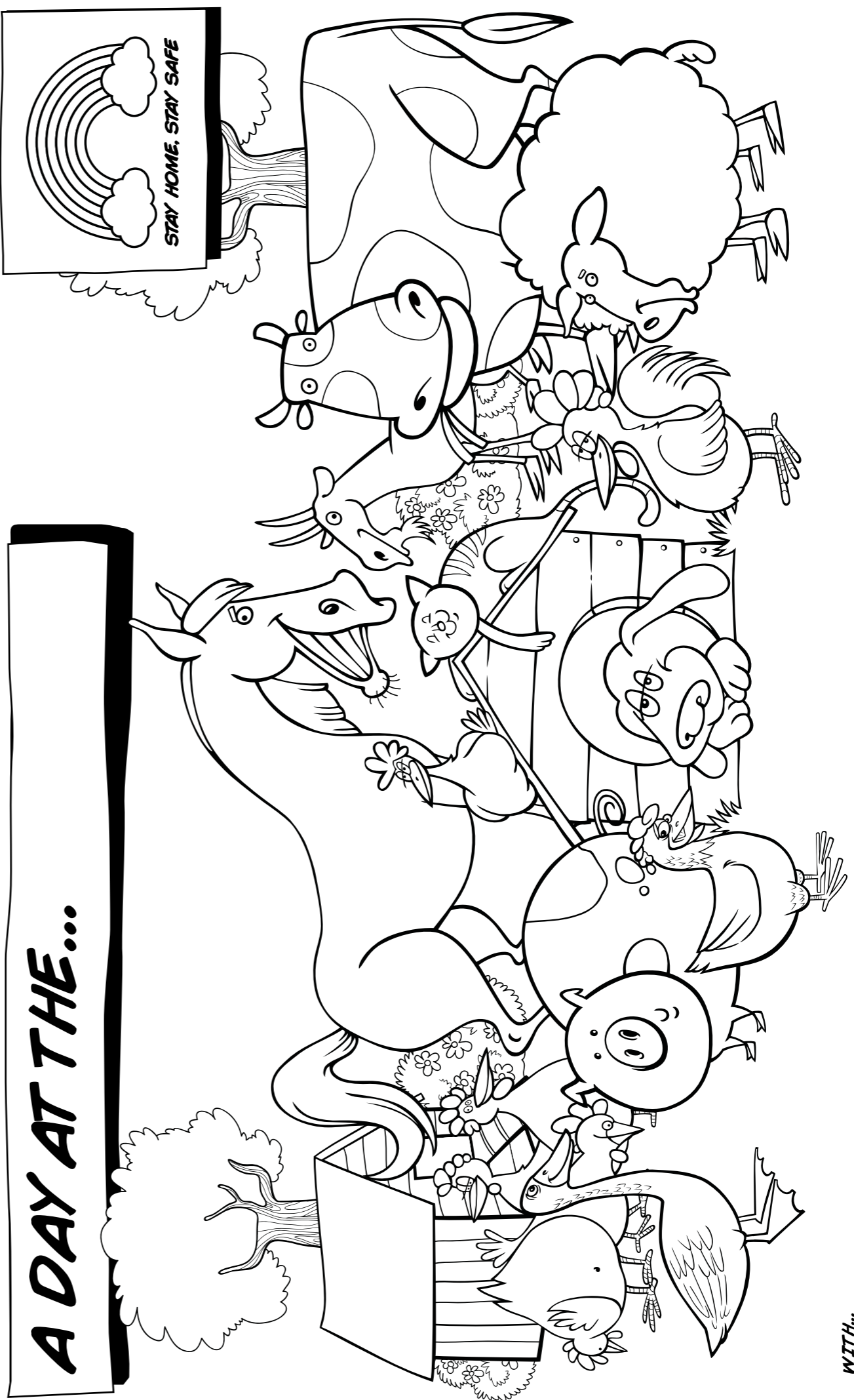


A DAY AT THE...



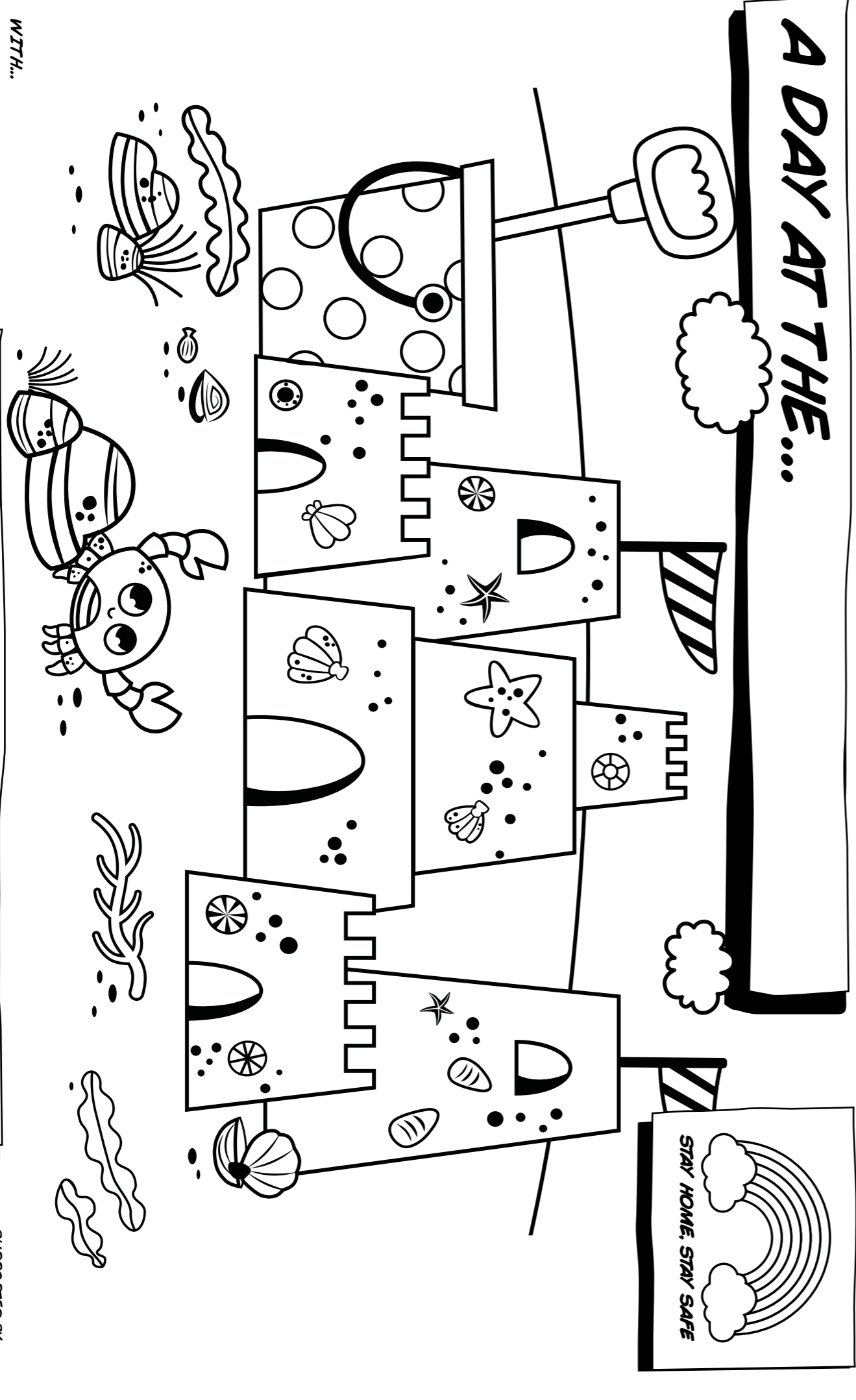
WITH...

NAME (FIRST NAME ONLY): AGE:
#LOCKDOWNTOOLKIT - ESCAPISM THROUGH CREATIVITY



A DAY AT THE...

NAME (FIRST NAME ONLY): AGE:
#LOCKDOWNTOOLKIT - ESCAPISM THROUGH CREATIVITY



A DAY AT THE...

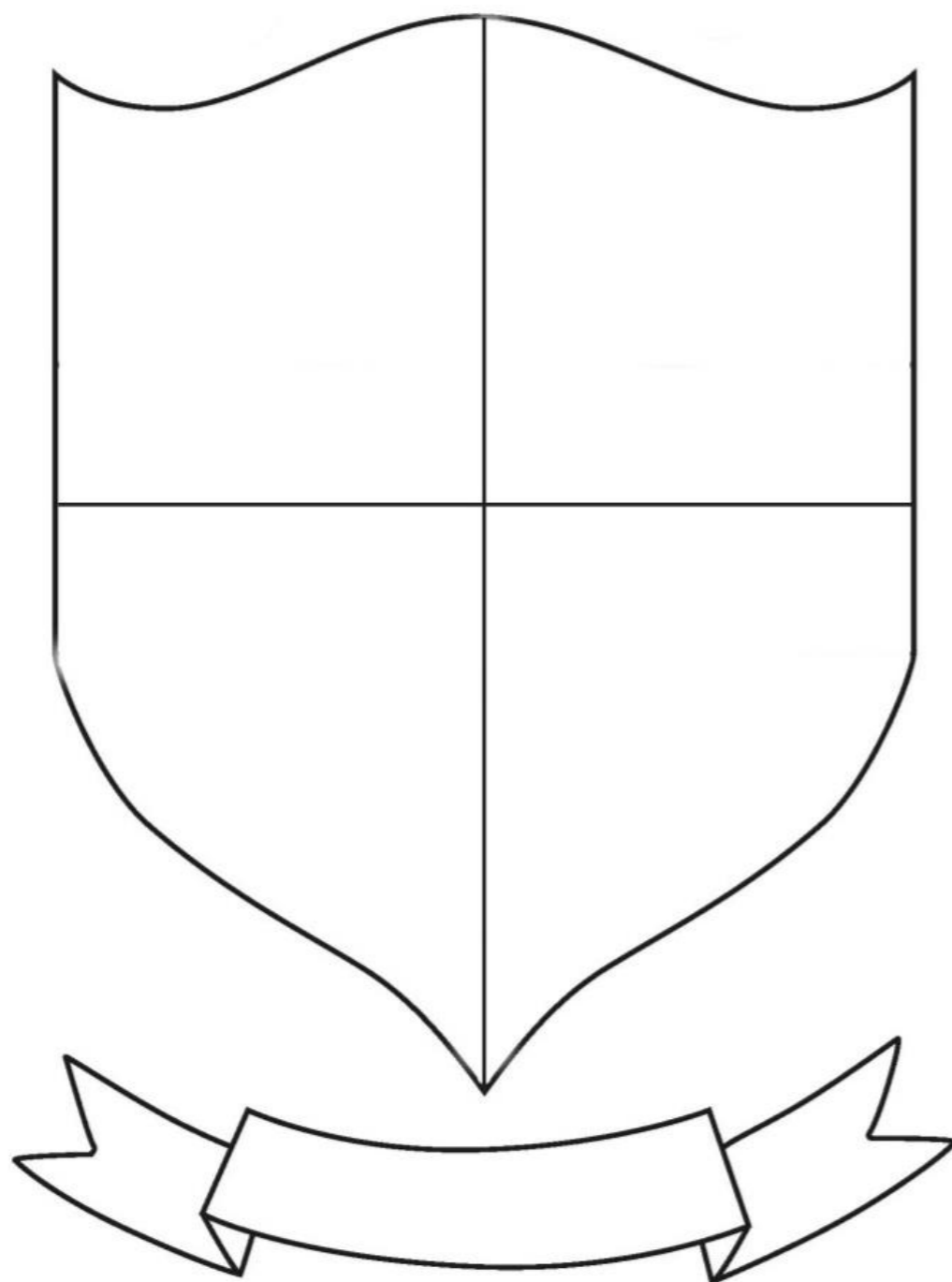
These activities were created by The People's Powerhouse

They would love to see your work and share it; you can email copies of your completed activities to people@peoplespowerhouse.org.uk or tag them on Facebook and Twitter @PeoplesPowerhse and use the hashtag #ThisIsTheNorth



Community Crest

Talk as a family about what you think the values of your community or neighbourhood are and create a community crest and moto that represents these values.



Our Hero

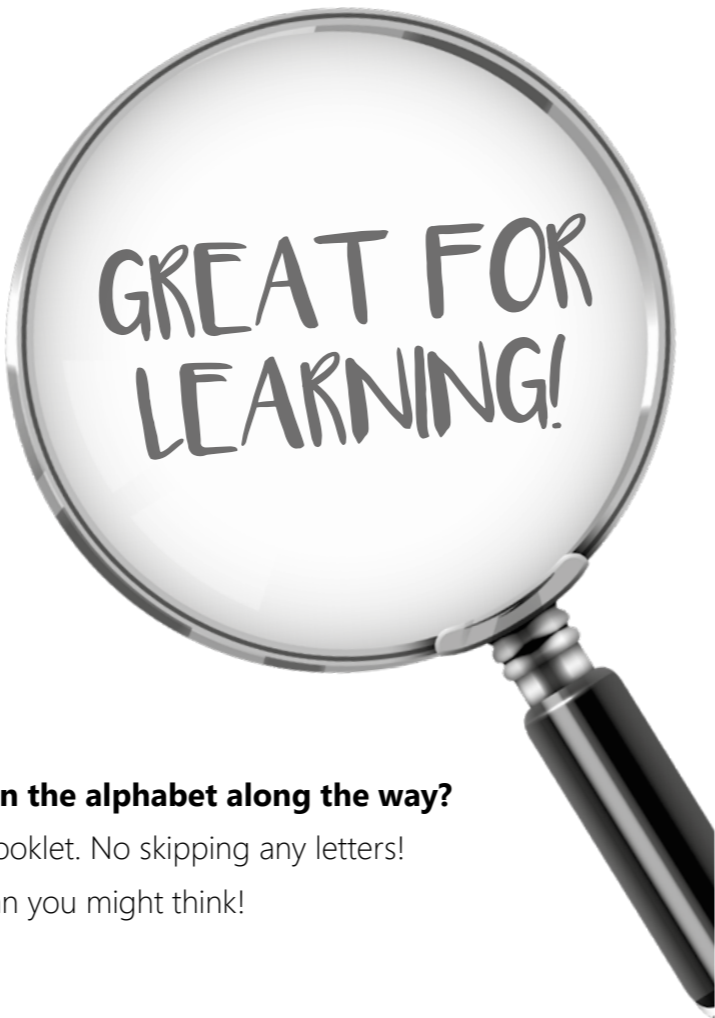
**Talk as a family about who your local hero is.
Create a local hero story board and tell us about them.**

Our hero is: _____

Scavenger Hunts

Our daily walks, jogs and bike rides are becoming a central part to our day. It’s really important to take a break from our work and school work, ideally to take in some fresh air and get the blood pumping, to help us return to a more relaxed and productive afternoon.

We have heard of lots of different ways that families are making their daily walks more enjoyable and educational. These scavenger hunt ideas are fun for all ages!



ALPHABET HUNT

Can you find something beginning with every letter in the alphabet along the way?

Take a picture or note them down on a blank page in this booklet. No skipping any letters!

Clue: Qs (think queues) are easier to find at the moment than you might think!

RAINBOW HUNT

Can you spot something of every colour in the rainbow?

Why not sketch them while you’re walking and colour or paint them in the correct colours when you get home. Discuss what makes these things different colours: **is it nature? Dye? Paint? Raw materials?**

SHAPES AND SIZES HUNT

How many different shaped things can you see? Be on the lookout for triangles, circles, squares, pentagons (think houses!), and both 2D and 3D shapes.

Which things are bigger than you? Smaller than you? Which are heavier or lighter than you?

Are all the bigger things heavier and smaller things lighter? Discuss why this is.

Other trail ideas could include looking for textures, numbers, sounds, natural vs. manufactured things, and what makes things work (for example, electricity, petrol, the sun).

ALPHABET HUNT

A	B	C	D
E	F	G	H
I	J	K	L
M	N	O	P
Q	R	S	T
U	V	W	X
Y	Z		

RAINBOW HUNT

Red	
Orange	
Yellow	
Green	
Blue	
Indigo/Violet	
Other colours	

SHAPES & SIZES HUNT

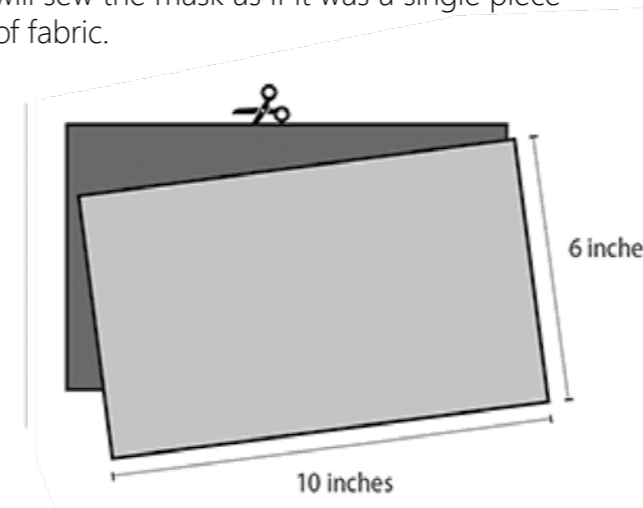
DIY Fabric Face Mask

Guide approved by the CDC (Centre for Disease Prevention and Control)

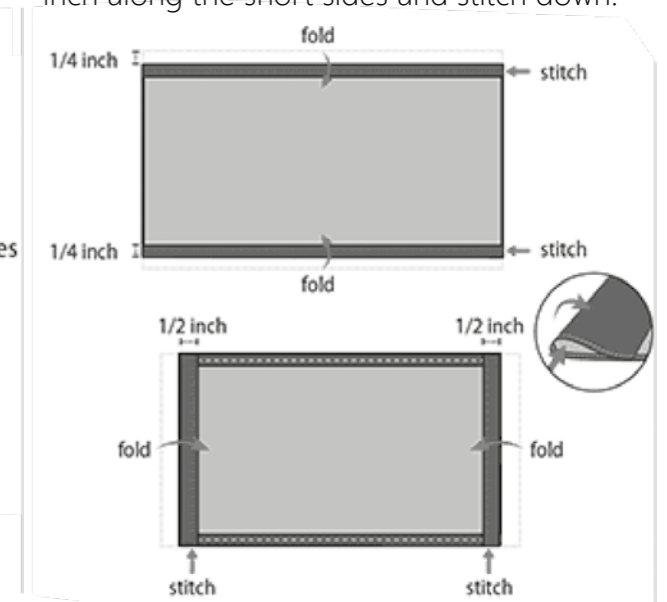
You will need

- Two 10"x6" rectangles of cotton fabric. Tightly woven is best
- Two 6" pieces of elastic. Alternatively rubber bands, string, cloth strips, or hair ties
- Sewing materials

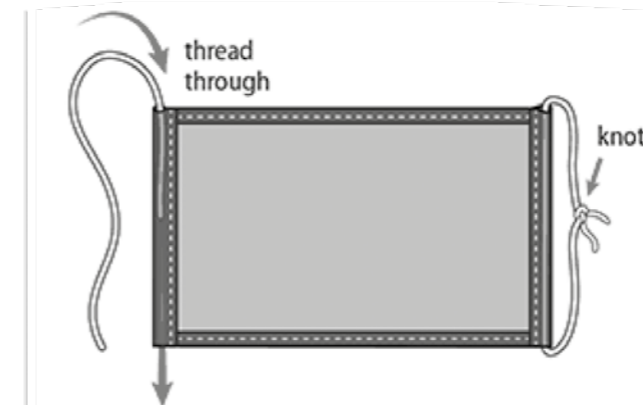
1. Cut out two 10-by-6-inch rectangles of cotton fabric. Stack the two rectangles; you will sew the mask as if it was a single piece of fabric.



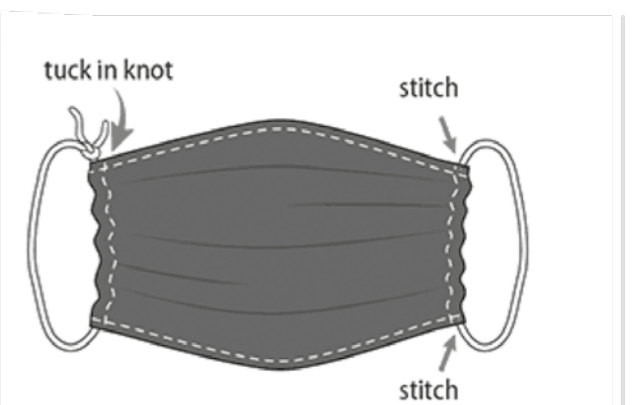
2. Fold over the long sides 1/4 inch and hem. Then fold the double layer of fabric over 1/2 inch along the short sides and stitch down.



3. Run a 6-inch length of 1/8-inch wide elastic through the wider hem on each side of the mask. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight.



4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the mask on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.



To care for your mask, put it in the wash after each time you wear it.

DIY FABRIC FACE MASK
SIZE GUIDE

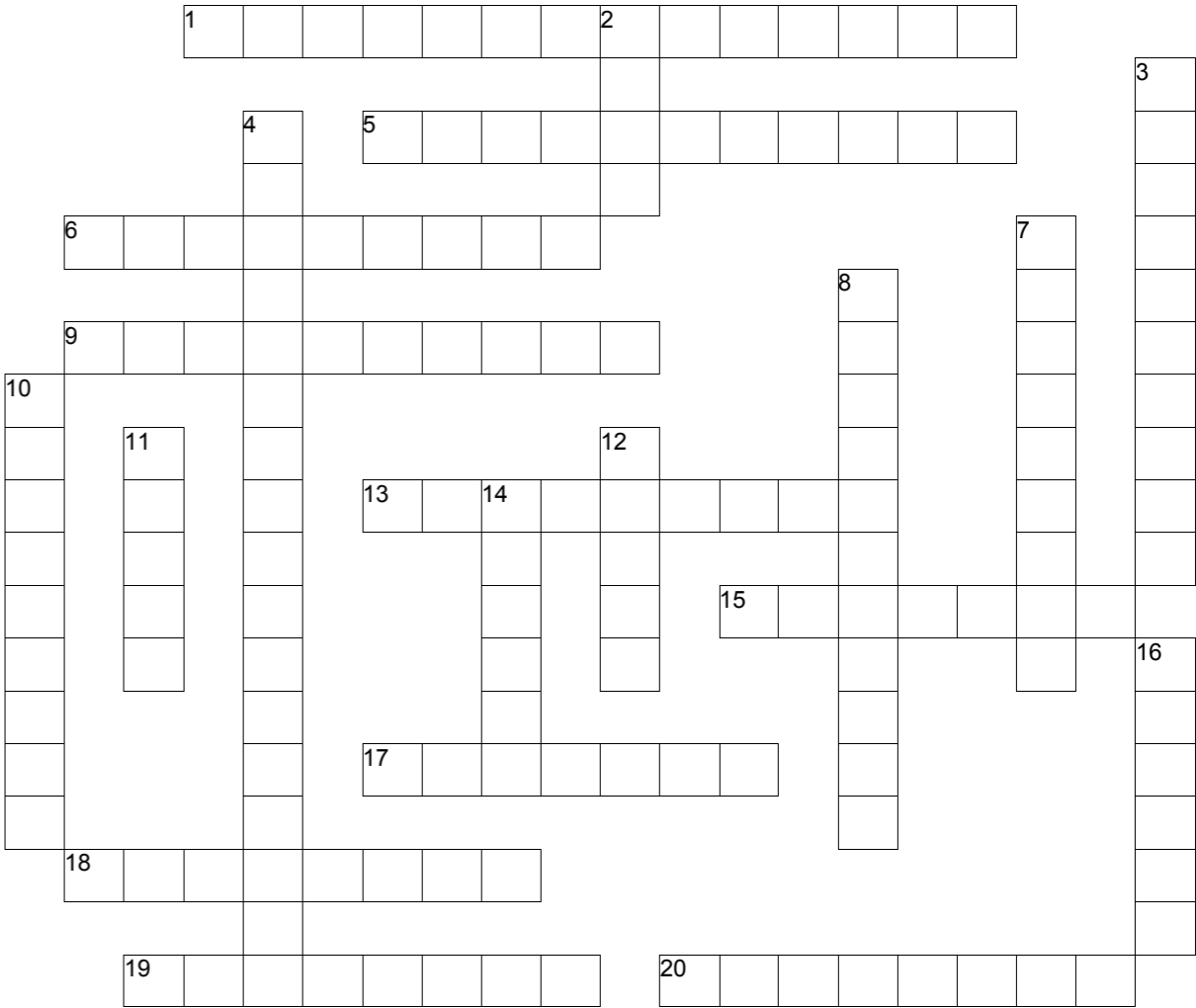
Fabric

Elastic

FAMILY ACTIVITY BOOKLET

Manchester Crossword Puzzle

From home, we have felt even more grateful for our vibrant city, and excited to make the most of it when things start to return to normal. Can you complete this local and nostalgic crossword?



Across

- 1. Writer, born and educated in Manchester, famous for A Clockwork Orange
- 5. This politician became the first Mayor of Greater Manchester in 2017.
- 6. Comedy series chronicling the (mis)fortunes of the Gallagher family
- 9. Dessert of flaky pastry and currants, named after a Greater Manchester town
- 13. The hub of Manchester's Cantonese community - the largest of its kind outside London
- 15. _____ Tower: 47-storey skyscraper also known as the Hilton
- 17. John _____: the neo-Gothic library on Deansgate which opened in 1900
- 18. This national newspaper was founded in Manchester in 1821
- 19. The _____ Massacre, a major historical event in Manchester history on 16 August 1819
- 20. Manchester University scientists won the 2010 1 Nobel Prize in Physics for working on this material

Down

- 2. Nickname of the first ever computer to have stored memory, developed in Manchester.
- 3. A Northern Irish footballer who played as a winger, spending most of his career at Manchester United. He lived on Ayeciffe Avenue, Merseybank!
- 4. Female political activist and Suffragette, born in Moss Side
- 7. Adjective meaning 'from Manchester'
- 8. HM Prison Manchester is better known by this name
- 10. Insect associated with Manchester, symbolising the industriousness of its residents
- 11. Painter famous for his matchstick men and urban landscapes
- 12. Britpop band originally fronted by two brothers who grew up in Burnage
- 14. River made navigable in the 18th century, linking Manchester and Liverpool
- 16. England's oldest soap opera, set in Manchester (informal)

Community Poetry Challenge

What does **COMMUNITY** mean to you?

It is something we have been hearing and seeing more of at the moment than ever.

Our communities are made up of people showing incredible kindness and neighbourliness towards each other, while the whole country stays home to protect the most vulnerable.

Can you come up with a poem with each line beginning with the letters in the word 'Community'? Our favourites will be published and you will receive a prize.

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